



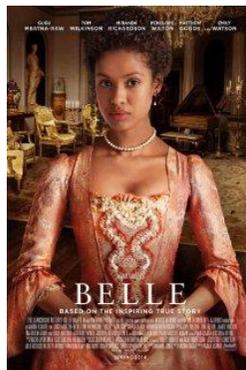
### SWATON VILLAGE NEWSLETTER

*May 2015 is Election time – there is the local Parish Council to elect as well as the District Council and Central Government so whatever your political preference may be the HUT will again become a Polling Station on May 7<sup>th</sup> and open for voting from 7am to 10pm. You can read about the candidates for Swaton Parish Council inside this month's newsletter.*

### CINEMA CLUB

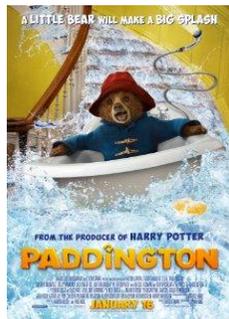
#### SATURDAY 2ND MAY - ADULT'S CINEMA CLUB – 7.30PM

Award winning film starring Emily Watson, Miranda Richardson, Matthew Goode & Gugu Mbatha-Raw who plays Belle. **BELLE** is inspired by the true story of Dido Elizabeth Belle (Gugu Mbatha-Raw), the illegitimate mixed race daughter of a Royal Navy Captain. Raised by her aristocratic great-uncle Lord Mansfield (Tom Wilkinson) and his wife (Emily Watson), Belle's lineage affords her certain privileges, yet the colour of her skin prevents her from fully participating in the traditions of her social standing. Belle falls for an idealistic young vicar's son bent on change who, with her help, shapes Lord Mansfield's role as Lord Chief Justice to end slavery in England.



#### 3PM SATURDAY 2<sup>ND</sup> MAY KID'S CINEMA:

We have a fab film for the kids this May - **PADDINGTON** is a comedy film that was released



at the end of 2014. It is based on Michael Bond's books with Ben Whishaw as the voice of Paddington Bear & starring Julie Walters, Nicole Kidman, Hugh Bonneville, Sally Hawkins, Matt Lucas etc. The special effects are fabulous, particularly a flood, and the essential hat, duffle coat and marmalade are all present and correct. The film follows the young Peruvian bear who has a passion for all things British & travels



to London in search of a home. Finding himself lost and alone at Paddington Station, he begins to realize that city life is not all he had imagined - until he meets the kind Brown family, who read the label around his neck ('Please look after this bear. Thank you.') and offer him a temporary haven. It looks as though Paddington's luck has changed until this rarest of bears catches the eye of a museum taxidermist.

### ABOUT MAY

According to the early Roman calendar, May was the third month. Later, the ancient Romans used January as the first month and therefore, May became the fifth month and it always had 31 days.

The month of May is named after Maia, the Greek goddess of fertility. The Romans had a similar goddess named Bona Dea. They held the festival for Bona Dea during the month of May. The Romans called the month Maius. The name changed over the years. It was first called May in the 1400s near the end of the Middle Ages.

In the North Temperate Zone, may is one of the most beautiful months of the year. Usually, the snow and ice are gone by this time but the hot temperature hasn't arrived yet.

In May, the first garden begins to sprout and the wild flowers start to bloom and the trees and grasses turn green. Wild flowers such as forsythia, dogwood, violets, and jack-in-the-box bloom and many birds build their nests to sit on the eggs that will soon hatch.

**Emerald** is the birthstone of May, it carries the rich green colour of Spring and radiates a beautiful vivid tone. Emeralds are considered to be a symbol of rebirth and love. Emeralds are the rarest gemstones and are typically mined in Colombia, Brazil, Afghanistan and Zambia.

Green Colours in gemstones are caused by exposure to the natural radiation in the earth such as uranium ore

The symbolic meaning of the colour green is renewal of life and nature. Green also has a Biblical meaning and is the Christian colour for the season of Epiphany

The meaning behind **birthstones** colours were symbolised by their association with events which occurred in history, many of which date back, and relate to, the biblical meanings of colours. The Christian meaning of Green was highly symbolic.

From Ancient times wise men and healers have believed that jewels and gemstones, such as the Emerald, have mystical powers and conduct the energies of the ruling planets with which each gemstone is associated which affect our physical or emotional well being and healing powers.

Gemstones and their attributes were related to signs of the Zodiac or month of birth and referred to as Birthstones.

May's birth flower is the **Lily of the valley**, which signifies sweetness, humility, and a return to happiness. If you want to show your loved one that your life is complete with them, give them a few lilies of the valley.

**The Zodiac Signs for May are Taurus (April 21 - May 20) & Gemini (May 21<sup>st</sup> to June 20<sup>th</sup>).** Taurus, the second **sign** of the **zodiac**, is all about reward. Unlike the Aries love of the game, Taurus loves the rewards of the game. Those born under the sign of Gemini love to talk !!

**PARISH AND GENERAL ELECTIONS**



Swaton has been fortunate in having an excellent Parish Council overseeing the running of our village. The post of a Parish Councillor is an unpaid activity and undertaken with genuine dedication to the village and the best interests of it's residents at its heart.

Every 4 years - just like local & central government - Parish Councillors must stand down and ask the voting residents of Swaton to re-elect them. Unfortunately this year, two of our long-standing, hard-working Councillors (Liz Harborow & Jayne

Wilkinson) have decided not to seek re-election. In addition to three previously elected councillors there are three other Swaton residents who have thrown their hats into the ring wishing to be elected onto the Parish Council but there has to be an odd number of Councillors so . . . on May 7<sup>th</sup> you will be asked to vote for 5 out of the 6 candidates. Below (in alphabetical order) are statements from each nominee - please consider these carefully and make your vote on Thursday count.

<p><b><u>Andrew Deptford</u></b></p>	<p>I am a self-employed businessman working from home. I have lived in Swaton for 16 years and love the village. I have been Chairman of Swaton Parish Council for many years and look after the Council's accounts. I am also Coordinator for the Swaton LIVES Group, Administrator/Treasurer/Dogsbody for Swaton Vintage Day &amp; The World Egg Throwing Federation and Treasurer and Council member of the Rotary Club of Sleaford. If elected, I envisage steering the new members of the Council into maintaining our 'Quality' Council status and nurturing their innovative ideas on improving life for all in Swaton.</p>
<p><b><u>Andrew Dunlop</u></b></p>	<p>That loud chap at the quiz (and does the bingo calling) who used to be a fire fighter. Was past Vice Chairmen of the Parish Council and sometimes Friday night barman and Saturday morning bacon butty cooker. World President of Egg Throwing stuff, Swaton Show chairman, Sailability sailor, LIVES First Responder and keeps getting on the tele about stuff. Doesn't like street lights nor the cost of them. Fixes potholes and complains about floods. Keeper of the smiling SID (the speed indicator). Companion of Harry the Hound, Oliver the Dog, 6 cats and 3 chickens. Sometimes controlled by his long suffering wife.</p>
<p><b><u>John Lukjaniec</u></b></p>	<p>My wife June and I have lived in Swaton for just over 2 years. I am 59 years old. In 2010 I retired from the NHS after 33 years of service. On moving to Swaton I have volunteered to clear paths in the High Street, organise a survey on street lighting and support other activities. I am a can do person who wants to make everyone in the community proud of the village they live in. Let me represent your views on the Parish Council and see what we can do together. Please vote for me</p>

<p><b><u>Elaine Penketh</u></b></p>	<p>My husband &amp; I moved to Swaton 2.5 years ago and feel very blessed to live here. Since we moved here in 2012 I have immersed myself in village life – I'm an active member of the 'Hut' Committee and write / distribute Swaton's monthly newsletter. In wanting the best for Swaton I suggested to the Parish Council that a Defibrillator be sited in the village which we now have on the outside of the Hut , that suggestion escalated in to an active L.I.V.E.S group of which I am also a member as a level 2 First Responder, I also suggested we set up an active Neighbourhood Watch which is headed by my husband Peter. I want Swaton to continue being a great place to live in.</p>
<p><b><u>Chris Richardson</u></b></p>	<p>I have lived at Grove Farm for 30 years and have always been involved in village life. I have been a parish councillor for 8 years, being the responsible 'Financial Officer' for most of that time. My interest in the flooding issues in West End lead me to take on the role as a Flood Liaison Representative, which gives me the opportunity to meet the Environment Agency on a regular basis, work I would like to continue. I was the Vice Chair and Chairman of Swaton Vintage Day for 17 years and continue to give it my support.</p>
<p><b><u>Alan Wilson</u></b></p>	<p>Having moved to the village in 2008, Suzy and I married soon after in St Michael's Church and we were then blessed with having our son Thomas in 2009. Having fallen in love with the village, especially the people, we are here to stay. I've never experienced such amazing community spirit before which makes our village a great place to live. I have put myself forward to be a Councillor to support the community in building and maintaining what we have and dealing with local issues that affect our village.</p>



**DON'T FORGET TO CAST YOUR VOTE - 7<sup>th</sup> MAY 2015**

**FUTURE PARISH COUNCIL MEETING DATES:**

All are welcome to attend PC meetings, the first 15 minutes is an open meeting for the public to make comment or raise concerns, its your chance to voice your opinion, make a suggestion or simply hear what is happening in **YOUR** village . . .

- **Tuesday 19<sup>th</sup> May** – Annual Parish Meeting 7.30pm, and Annual Meeting of the Parish Council First of the new Council term).
- **Tuesday 21<sup>st</sup> July**
- **Tuesday 15<sup>th</sup> September**
- **Tuesday 17<sup>th</sup> November**

## **VILLAGE NEWS & INFORMATION**

### **EMERGENCY DATABASE:**

Andrew Deptford (Chairman of the Parish Council) is putting together a village database of email addresses which can be used if necessary to quickly distribute occasional news on things such as flooding, local emergencies, planning, problems etc. to as many people as possible. NOT JUNK ! The information will be kept confidentially, it will not be abused nor sold or passed on. It will be totally private and kept securely on Andrew's computer and any emails sent will be sent 'Blind' so that your email address will not be visible to other recipients. If you would like to be included, (and haven't already received an email about it), then please email Andrew on [andrew@aadhire.com](mailto:andrew@aadhire.com) and ask to be included.

### **FAMILY TREE ENQUIRY – can you help????**

**The Parish Council received an email Graeme Dunn who lives in New Zealand – he is researching his family tree and has come across Swaton . . . if you can offer any information please contact Graeme direct or Andrew Deptford who will respond on your behalf. . .**

*"I am writing on the off chance that one or both of you might be able to point me in the right direction for information. I live in Auckland NZ, and have been doing a bit of family research. Recently I came across a Death at Sea record for a W H Dunne. The information states that W H Dunne was a deceased seaman, late of the ship 'Ceres' and died of dysentery 29 Jul 1875. The departure port was listed as Swaton, although I gather Swaton is not on the coast, his place of death was also recorded as Swaton. I would appreciate if you could give me any idea of who I could contact to find out more.  
Regards, Graeme Dunne ([dunne.graeme@gmail.com](mailto:dunne.graeme@gmail.com))"*

### **MOBILE MAST UPGRADE**

Vodafone in conjunction with Telefonica UK (O2 Network) are planning to upgrade the Vodafone mast at the bottom of Parson's Drove to enable 4G Data Communication on Vodafone and O2 mobile networks in the area.

So . . . with 4G on your mobiles and Fast Broadband at home, Swaton is gradually joining the 21st Century !

### **MAP OF SWATON**

As more of us are shopping on-line a Swaton resident raised a point at the recent PC meeting that our village is full of houses with names rather than numbers and therefore it could be an issue for delivery drivers to find the right house. Alan Wilson has worked tirelessly to produce an accurate map of Swaton in regards to the location of all the houses whether numbered or named and a copy can be obtained from Andrew Deptford – email him at [aadeptford@gmail.com](mailto:aadeptford@gmail.com)

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## **NEIGHBOURHOOD WATCH**

### **OIL THEFTS**

Swaton is being targeted by oil thieves, NHW has been advised of at least 4 Swaton Oil tanks drained of their contents in recent months, the majority on High Street and one down Parsons Drove, one unfortunate resident has lost over 800 litres, the others circa 500 litres so please use your eyes and ears and if something doesn't look right tell the police or your NHW coordinator if its less urgent

### **COLD CALLERS**

There has been reports of Cold Callers selling various items including Driveway Materials – be very careful as often these people are checking your place out – genuine companies don't just cold call

### **JUNE / JULY - NHW MEETING:**

Swaton NHW plans to hold another village meeting – the first NHW meeting was well attended but we'd like to see as many of you as possible at the next meeting. We plan to invite an expert on security who can discuss a range of subjects such as improving the locks in our houses, as well as CCTV. Its not uncommon for inferior locks to be used in houses and for a few more pounds we can make a burglars life much harder as well as dissuade the oil thieves if they think they will be captured on TV - a date will be set sometime in June / early July.

**REMEMBER - ring 999 in an emergency, or 101 if the matter is less urgent.**

### **SWATON NHW COORDINATORS**

**Peter Penketh – High Street (01529 417 404)**

**Pat Kempster - West End (01529 421 840)**

### **VINTAGE DAY / EGG THROWING CHAMPIONSHIP – Sunday June 28<sup>th</sup>**

Vintage day is a great day out for all the family. It may seem ages away but time passes so quickly nowadays and Sunday 28<sup>th</sup> June will be upon us in no time. If you would like a pitch to sell your goods please contact Jonathan Forbes on 07710 782 943. Pitch fees are very reasonable and with lots of visitors it is an ideal and fun way to make some money – call now to book your space.

If you are willing to volunteer on the day do let Andy Dunlop or Andrew Deptford know. An extra pair of hands is never rejected – volunteers for helping in the car park, on the front gate, in the tea tent etc always welcomed.

Volunteers for the Tea Tent are needed as well as those who can bake or donate cakes – contact Liz Harborow on 01529 421 217. If you can spare an hour or two on the day to help serve in the Tea Tent or willing to make some cakes please contact Liz Harborow on 01529 421 217.

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## **REGULAR ACTIVITIES**

### **VILLAGE LUNCH - MONDAY 11<sup>TH</sup> MAY - 12PM TO 1.30PM**



**(2<sup>nd</sup> Monday of every month).**

You'll always find a choice of hearty soups on the menu (often made from locally grown produce from the village allotment). For those with a bigger appetite there is a second course (or if you prefer just have a main course) of Jacket Potatoes with beans &/or cheese and a fresh side salad.

It won't break the bank to come along . . . a bowl of soup & bread is £1.50 or have two bowls for £2.50. A jacket spud with

fillings and salad is also £2.50.

**EVERYONE IS WELCOME – NO NEED TO BOOK - So for one day a month let someone else cook for you whilst you chill out and enjoy a delicious, nutritious lunch amongst friends.**

### **SWATON BAR – EVERY FRIDAY EVENING IN THE HUT – 8.30PM TIL WE CLOSE**



The village bar has a good selection of soft drinks, bottled / local beers, chilled lagers, red / white wines and a variety of spirits. Crisps, chocolate and snacks are also available - all offered at competitive prices.

**There is a dart board too for those who can throw an arrow straight !! See you Friday**

### **CRAFT GROUP - EVERY TUESDAY 9.30AM IN THE HUT**

If you're creative and enjoy any form of Art or Craft why not come along and work on your creative project amongst friends, have a chat, enjoy a cuppa and share, exchange or improve skills ... so if its Crochet or Tatting, Beadwork or Cross Stitch, Lace or Patchwork or you're simply a dab hand with a pair of knitting needles or a paint brush and canvas then don't be shy – after all you'll be amongst friends. **Contact Liz Harborow for more info – 01529 421217**



### **BOOK CLUB – 10<sup>TH</sup> MAY – A STREET CAT NAMED BOB.**

The Book club is a great way to socialise as well as edify yourself – the club meet monthly to discuss the book of the month and enjoy a meal together often themed around the subject of that month's book. Everyone gets a chance to pick the group's choice of read. There isn't a set date the club meets but if you enjoy reading, like a good meal and a glass or two and want to be more socially active this is a great way to combine the two so contact Saff on 01529 421 487 or Sally on 01529 421 748 and find out more – its not too late to get in on the book for May or June ! There is still time to read **A street Cat Named Bob** (a true story about a homeless musician who teams up with a stray cat) – June's book will be chosen at the next meeting so pop along . . .

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### **SATURDAY MORNING CAFE - 9.30AM TO 12PM**

**A great way to start the weekend.** Every Saturday morning your hut becomes 'Swaton Café' – a place to catch up with friends & fellow villagers.

Come along for breakfast – you can purchase a bacon roll (eat in or take away) and enjoy a freshly brewed cup of tea, coffee (decaf & filter available) or hot chocolate.

You can also treat yourself to a delicious cake from a selection of freshly baked treats – and why not, after all it is the weekend !

**This is also your chance to collect your Saturday newspaper** (which must be ordered in advance from Liz – 01529 421 217).



### **BOOKING THE HUT**

***Holding up to 60 people 'Swaton's Village 'HUT' is an ideal place to hold a group activity - a meeting, a kid's birthday party or an adults 'get together' as it has a licensed bar - so if you're looking for a location to hold an event why look further than Swaton – discounts given to locals***

***To book the Hut contact Mike Kempster on 01529 421 840***

### **HELPERS**

***If you would like to play an active part in Village events, have ideas that would enhance your Village social scene then please contact any of the Village Hut Committee (usually found at any of the previously mentioned events)***

***REMEMBER TO SUPPORT 'YOUR VILLAGE HUT'  
... USE IT OR LOSE IT !!***

## LOCAL SERVICES

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- Fully qualified City & Guilds and Police vetted
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- Fast, reliable service
- Lock repair and replacement service
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- Domestic and Commercial work
- Burglary repairs
- Key cutting



**Contact: Phil at Buckminster Locks & Security, Buckminster House, 1 Pointon Road, Billingborough, Lincs, NG34 0LW. Tel: 0800 8830994 / 07985 283053**

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**Email:** [sparkydawson@gmail.com](mailto:sparkydawson@gmail.com)



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We carry out all aspects of interior and exterior decorating. We have over 40 years experience. All of our staff are skilled paper hangers, health & safety approved and CRB checked. Please don't hesitate to contact **Dennis Couture** for a quote: The Walnuts, High Street, Swaton, Sleaford, NG34 0JP. Email: [dencouture@yahoo.co.uk](mailto:dencouture@yahoo.co.uk). Tel: 01529 421968 / 07808 180558



## FOR SALE & WANTED



*(Before)*

**Contact:** Jody Couture on 01529 421 968 / Mobile: 07711 761806.

**Email:** [sales@vintage-couture.co.uk](mailto:sales@vintage-couture.co.uk). **Website:** <http://www.vintage-couture.co.uk>

### Vintage Couture

Vintage Couture is a family run business based in Swaton that specialises in giving your old pieces of furniture a new lease of life. Don't throw away & buy new furniture - we can turn your old furniture in to something new at a fraction of the cost by taking tired pieces of furniture and hand painting them in natural colours - breathing new life in to classic item.



*(After)*

Shrub  
Grub  
Artisan Bakery

Baked over time, with the basic ingredients alone.  
Flour, water Yeast & Salt



**SHRUB & GRUB – our local quality focused artisan bakery** continues to offer a variety of freshly baked bread and cakes as well as locally produced fruit, vegetables & preserves – any of which can be **delivered** to you **free of charge** or purchased on site. There is also a selection of home and garden plants and flowers for sale.

Shrub & Grub recently opened **The Packing Room - a Café & Deli**. The Café offers a varied menu of hot and cold food of the highest quality to include daily specials, sandwiches, hearty bowls of freshly made soups, pastries and scones. The café is open Thursday, Friday and Saturday between 8am & 4pm. Phone Shrub & Grub on 421748 or visit the café at **Thorpe Latimer Farm, NG34 0RF**

***If you have items that you would like to sell or able to recycle an unwanted item to others who can make good use of it or would like to ask for something you need – then this is the page to feature it . . . Maybe the garage or garden shed is a little cluttered with the kids unwanted toys & your long forgotten tools - it's a good time to have a clear out !***

***Contact Elaine if you'd like to advertise it here.***

## **GARDENER'S CORNER**

Swaton has a number of skilled gardeners either by hobby or vocation and some are willing to share some of their experience and knowledge - **John Lukjaniec** of Applestone House is one amongst many – here John shares his thoughts on his approach to gardening in May which can still have the odd chilly day !



Spring is in full swing but beware of the cold snaps and the frosts that follow. It's too early to put out young tender plants as the risk of a frost killing them off is too great. Use a greenhouse for the time being or protect them as best as you can to give them some warmth. Cover with polythene or spread straw around them. It's easy to be enticed by the garden centres and DIY stores showing off their beautiful young plants.

Hold off buying them for a couple of more weeks to make sure the frosts have finally gone. You might just be surprised that some plants will be reduced in price.

By now you should have cleaned up and serviced your lawn mower and cut your lawn for the first time. It's useful now to give your lawn some fertilizer as it springs to life and rewards you with a splendid green surface for you to enjoy during the year. I for one used a lawn weed and feed mixture with moss killer for that extra protection. I normally get my stuff from Wilko's as it works well and costs less than expected especially when on offer.

I've turned out one of my compost heaps and spread the resulting loam around the garden. This provides natural nutrients to the plants and suppresses weeds too. If like me you have multiple compost heaps make sure you turn the waste plant material now and regularly to help break down the vegetable matter. After a while this too will turn into Gardeners Gold.

Whatever you're doing this month in your garden, think about the wildlife and how you can help them thrive too. **John Lukjaniec**

The garden feature in Swaton Newsletter is not just a place to share gardening tips but an ideal forum in which to offer surplus seeds and plants – if you have any gardening tips, seeds and plants you are able to share amongst your village neighbours then let Elaine (417404) or John (421294) know and we will feature them here – better to be in someone's garden than your brown bin !!!

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## **SWATON ALLOTMENTS**

**Henk Buijs** can often be seen walking up Swaton High Street pushing his wheelbarrow with Judy by his side on their way to the allotments adjacent to Parsons Drove.

At the allotment, Henk grows an abundance of fruit and vegetables through the year as well as the trees donated to the hut and church at Christmas. Henk uses many of his home grown produce in the Soups sold at Village Lunch (open to all on the 2<sup>nd</sup> Monday of every month – its fab food so if you're home do pop along and enjoy a wholesome lunch)

Henk said the three most successful allotment plants in 2014 were . . .



**Jerusalem Artichokes:** These are useful in different soups combined with other vegetables such as leeks (Henk adds a little ginger or curry powder), or with butternut squash and sweet potato etc. Recently Henk make a delicious, white wine using Jerusalem Artichokes, so don't be surprised to see a lot of them growing on the allotment in 2015!

**Blackcurrants:** Of course they are very good for making jams and fruit juices. Juicing them with the aid of a so-called "Passes-Vite" will result in a smooth and thick juice, which will give colour to your desserts or cereals. In previous years Henk has made superb, deep-red blackcurrant wines, but the bottles of 2010, 2011, 2012 and 2013 are now alas empty !!!



### **Patty-Pans**



Patty-Pans are another form of courgette – Henk has grown green and yellow types, they are little disc-formed squashes which are delicious in soups, lasagne dishes or raw in salads. They have a little nutty taste and they look pretty ! If anybody would like to have more detailed information please contact Henk – he said you can even come along and taste his wine !

***Henk Buijs (01529 421 949)***

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## **COOKERY CORNER**

A firm favourite with many including my husband is **BAKWELL TART** and Liz Harborow's is a fine example of a good Bakewell Tart – always a sell-out on a Saturday morning.

Most of us have eaten it but have you tried making it . . . go on give it a go !

### **Ingredients: For the shortcrust pastry**

- 175g/6oz plain flour
- 75g/2½oz chilled butter
- 2-3 tbsp cold water

### **Ingredients: For the filling**

- 1 tbsp raspberry jam
- 125g/4½oz butter
- 125g/4½oz caster sugar
- 125g/4½oz ground almonds
- 1 free-range egg, beaten
- ½ tsp almond extract
- 50g/1¾oz flaked almonds



### **Ingredients: For the icing**

- 80g/2¾oz icing sugar
- 2½ tsp cold water

### **Preparation method**

1. To make the pastry, measure the flour into a bowl and rub in the butter with your fingertips until the mixture resembles fine breadcrumbs. Add the water, mixing to form a soft dough.
2. Roll out the dough on a lightly floured work surface and use to line a 20cm/8in flan tin. Leave in the fridge to chill for 30 minutes.
3. Preheat the oven to 200C/400F/Gas 6 (180C fan).
4. Line the pastry case with foil and fill with baking beans. Bake blind for about 15 minutes, then remove the beans and foil and cook for a further five minutes to dry out the base.
5. For the filling, spread the base of the flan generously with raspberry jam.
6. Melt the butter in a pan, take off the heat and then stir in the sugar. Add ground almonds, egg and almond extract. Pour into the flan tin and sprinkle over the flaked almonds.
7. Bake for about 35 minutes. If the almonds seem to be browning too quickly, cover the tart loosely with foil to prevent them burning.
8. Meanwhile, sift the icing sugar into a bowl. Stir in cold water and transfer to a piping bag.
9. Once you have removed the tart from the oven, pipe the icing over the top, giving an informal zig zag effect.

***If you have a delicious recipe that's always a hit with the family or favourite dish that utilises seasonal produce and would like to share with us then please contact Elaine Penketh on 01529 417 404.***

## ***L.I.V.E.S*** (Lincolnshire Integrated Voluntary Emergency Service)



Swaton is lucky enough to have an active L.I.V.E.S group which is manned by volunteers who use some of their free time to support the ambulance service typically dealing with medical emergencies if an ambulance is delayed and oxygen or a Defib is needed such as breathing difficulties, cardiac arrest etc.

**It's a very worthwhile activity.** If you would like to hear more about becoming a First Responder with Swaton **L.I.V.E.S** please contact Andrew Deptford on **01529 421 111** - Full training is given.

***For medical emergencies always ring 999 – your emergency will filter down to the local team but you must go through the proper channels.***

### ***VILLAGE DEFIBRILLATOR***

*Swaton is fortunate in having a defibrillator on the outside wall of the Village Hut in the event of Cardiac Arrest – if you aren't familiar with how to use the defib or how to access it please contact Andrew Deptford on 01529 421 111*

***If you would like to have some local news or an event mentioned in Swaton's monthly newsletter or would like to advertise your business or services that the localised community would benefit from hearing about then please contact Elaine Penketh on 01529 417 404.***

**Politics, Music and the Arts**

**Make your vote count**

Can we hope that by the 8<sup>th</sup> May it will be all over? I very much doubt it. Judging by the pre-election polls there will be the media frenzy about the deal making going on behind the scenes in order to form the next coalition government. For those who are interested in politics it will be intriguing to see who does a deal with who in order to gain the power over our lives. I suspect that by not voting people think they are immune from it all, but sadly they are not as politics effects almost every aspect of our lives. That means who you vote for shouldn't just be 'business as usual' but a serious weighing up of the policies they seek to inflict upon us before we scribe our cross in the box. Given the growing choice of parties to vote for (providing there is a local candidate) perhaps for once our votes might really count. May the good Lord give us all wisdom and discernment on May 7<sup>th</sup> Election Day.

**Music at Heckington**

There will be a concert by an acclaimed Brass Band from Market Rasen at Heckington church on Saturday 9<sup>th</sup> May at 7pm tickets are £10 which include a buffet supper. Then on Saturday 30<sup>th</sup> May at 7.30pm Rev Chris and friends are putting on a Rock & Pop night featuring. Tickets are £7.50 inc buffet supper. Tickets for both events are available now from Chris Cullen (460272).

**Church Services at St Michael's this month**

The church services this month are at 11am on Sunday 10<sup>th</sup> May (Morning Praise with Wendy) and at 9.30am on Sunday 24<sup>th</sup> May (Holy Communion with Rev Chris) Refreshments are now served after every service so people can catch up over a cuppa. Everyone is welcome.



**ST MICHAELS CHURCH, HIGH STREET, SWATON, NG34**

**The Arts at Heckington & Burton churches**

In May a project funded by The Arts Council comes to Heckington. From May 8<sup>th</sup> to 10<sup>th</sup>, St Andrew's Heckington will be the venue by an amazing art installation by the international dutch artist Pat van Boekel who will be projecting images onto the interior walls and font in the church. It is part of the wider 'Altered' arts project funded by the Arts Council and managed by ArtsNK, Lincoln Diocese and the University of Lincoln. There will also be an installation at Burton Pedwardine church by sound artist Dan Fox. There is an opportunity to meet the artists as they talk about their work on Friday 8<sup>th</sup> May at 7pm at Heckington church. That evening there will also be a unique opportunity to experience a one-off organ improvisation by John Lyon to accompany Pat's visuals.

Pat's exhibition at Heckington will be open on Saturday 9<sup>th</sup> May from 10am till 6pm and again at 10.30pm for a late night showing and on Sunday 10<sup>th</sup> from 12.30am till 7pm. There will be another unique organ improvisation by John Lyon on Sunday at 1pm.

At Burton there is the opportunity to be part of the installation by gathering sounds with the artist Dan Fox from in and around the church on Friday 8<sup>th</sup> May at 10.30am, 12noon and 4pm. These sounds will then be part of the sound collage which will make up Dan's piece called 'Filharmonic'. You can come and experience it at Burton church on Sat 9<sup>th</sup> May from 10am until 7pm and on Sunday 10<sup>th</sup> May from 11am until 7pm. Refreshments will be available at both venues and it is free admission, though donations are invited.

***Every Blessing  
Rev Chris***

**CHURCH SERVICES**

Family Service – 11am on the 2<sup>nd</sup> sunday of every month

Holy Communion – 9.30am on the 4<sup>th</sup> Sunday of every month

