They shall grow not old, as we that are left grow old
Age shall not weary them, nor the years condemn
At the going down of the sun and in the morning
We will remember them

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**ISSUE 51**  November 2019

Distributed to all homes in Caythorpe, Frieston, Normanton-on-Cliffe, Carlton Scroop & Sudbrook

**News & Views** - is produced in association with Caythorpe and Frieston Parish Council.

Editors - Pete & Laura Leeds - editorsnewsandviews@gmail.com

Advertising and Contributions deadline - Midday 17th of each month.

News & Views is produced and distributed by a team of volunteers. All advertisements are taken in good faith, we cannot accept responsibility for any legal enquiries resulting therefrom.

Submitted articles do not necessarily reflect our views. We reserve the right to not print submitted articles.

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General Information

Caythorpe Village Hall Weekly Activities

**Monday**
- Keep Fit 09.45 to 10.45
- Senior Badminton 19.00 to 21.00
- Craft Club 19.30 to 21.00

**Tuesday**
- Carpet Bowls 14.00 to 16.00
- Children’s Music Theatre 16.00 to 17.00
- Girl Guides 19.00 to 20.30

**Wednesday**
- Yoga 09.30 to 11.00
- Senior Badminton 19.00 to 21.00

**Thursday**
- Brownies 18.00 to 19.30
- W.I. (2nd Thursday) 19.30 to 21.30

For contact details of organisations, or to hire the Hall, please contact the Booking Secretary on 01400 272611

Carlton Scoop and Normanton Village Hall Activities

- Caythorpe and District Garden Society
- Hough History Society
- Cubs and Beavers
- Yoga Group (contact Patsy Holmes on 01400 272505)
- Grantham Meditation Group (contact Sunil Silva on 07771 542973)
- Carlton Scoop and Normanton Social Club

If you would like more details about any of the above groups, please e-mail csandnvillagehall@outlook.com for relevant details. You can hire the hall for any occasion by ringing 01400 251032

Playing Fields and Sports & Social Club Bookings

If you wish to hire any of our facilities please contact the Booking Secretary on 01400 273249

Defibrillator Locations

- **Caythorpe** - Village Hall / Hammond Pavillion
  Old Chapel, Chapel Lane
- **Frieston** - CURRENTLY OUT OF USE
- **Normanton** - Telephone Kiosk, Main Road
- **Carlton Scoop** - Charity Street on Wall before Golf Club Entrance

Caythorpe Post Office (In Spar Shop)

**Opening Hours**
- Mon - Tue 09:00 - 17:00
- Wed 09:00 - 12:30
- Thu - Fri 09:00 - 17:00
- Sat 09:00 - 12:30

Mobile Library Bus Service

**Monday 25th November**

- The Green, Frieston 14:00 - 14:30
- The Church, Caythorpe 14:45 - 15:15

A Fish & Chip van visits Caythorpe on a Thursday evening and can be found on Church Lane by the Residential Home between 5:00pm - 8:00pm
Remember, Remember

Here we are again, another month where the days are getting shorter and the nights colder...a month where we have the excitement of Bonfire Night, mixed with the solemnity of Remembrance Sunday.

Speaking of the former, the Caythorpe & Frieston Social Club Committee will be presenting their famous Fireworks Display on Saturday 2\textsuperscript{nd} November! See page 7 for details!

As for Remembrance Sunday, This will be celebrated on Sunday 10\textsuperscript{th} at St Vincent’s, Caythorpe, see details on page 23. Details of our Volunteers who will be selling Poppies on behalf of the Royal British Legion Poppy Appeal can be found on page 21. We will be wearing them with pride in remembrance of the brave people who gave their tomorrows for us all to have our today.

On our centre pages this month you can read up on Drew Brown’s trip to Nepal earlier this summer, for which many of you attended fund raising quizzes over the last couple of years! We’ve got an absolutely abundant amount of ‘What’s Coming Up?’ to share with you, check out pages 14-22! We’ve got details of the Caythorpe Dash - 10K, Coffee Mornings, Christmas Fayres, Body Shop Parties, Village Pantomimes, you name it, it’s there; no need to worry about excess emissions in these villages, there is no need to even start your cars...it’s all here! We attended the Pumpkin sale put on by CFAA on 12\textsuperscript{th} October, which was fantastic, Karen Pepper (Chairman of CFAA), in her thank-you speak said something which resonated with me and I’m going to share with you, she said (don’t quote me on it but it was along the lines of) ‘Thank you for supporting this event. Supporting Village Events means that all of the money raised goes directly back into the Village’. Karen is right, all of our village volunteers, put on events which they think will be enjoyable for the community and everything goes back into the Village. Even if you’ve not got anything to spend on the day, go along, you can always find someone to have a chat with and it’s good to get out, especially now it’s getting darker and colder...warm yourself up with a bit of community spirit!

At time of going to print (Sunday 20/10/19) We have 2 home nation teams in the Rugby World Cup Semi Finals! Good luck to England & Wales! Bring it home boys!

Whilst I remember, I must pass on grateful thanks to Debbie Knowles and Chris for taking the fabulous photo’s of the Gala which were featured in The Big 50\textsuperscript{th} October Edition of N&V.

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Caythorpe Sports & Social Club present...

FIREWORKS EXTRAVAGANZA
2019

SATURDAY 2nd NOVEMBER
Caythorpe Playing Field
Gates open at 6:00pm

Display starts 7:00pm
Bar & Refreshments Available
FREE ENTRY
All donations welcome

NOTE: No Sparklers or Personal Fireworks
DISPLAY TIMES MAY VARY ON THE DAY

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Caythorpe Primary School

Fruit Tasting
Enchanted forest and Neverland enjoyed tasting lots of different fruits for their BIG BANG to start their new topic about keeping healthy. After trying each fruit, the children decided whether they liked or disliked it. At the end of the tasting, they decided which fruit was their favourite.

Greek Day
Narnia enjoyed a Greek Day and many of the children got into the spirit by dressing up as the Ancient Greeks did. Children took part in many activities to give them a taster of the aspects of life of the Ancient Greeks. They took part in role-play re-enacting freeze frames from the story of Medusa as well as writing using Ancient Greek symbols. In maths the year 3’s looked at Ancient Greek numerals while the Year 4’s explored making labyrinths for the Minotaur! We also learnt a dance, the Hasapiko, which is a traditional Greek line dance. In the afternoon we designed some Greek pots which we hope to finish soon. It was lovely to welcome parents into the classroom. The children especially enjoyed teaching them how to write using the Greek alphabet.

Why is Brazil always in the news?
As part of our topic on Brazil, the children of Hogwarts have been exploring why Brazil is in the news. To begin this topic, we have organised a whole class debate on the topic of deforestation. The children will be delivering their arguments from a variety of viewpoints both for and against deforestation. To do this the children have been broken up into five
groups to debate on behalf of. These are: Greenpeace, a meat processing factory, government politicians, indigenous tribes and doctors. The results of the debate will be posted this afternoon on the class twitter account.

**Mud Kitchen**

Thank you very much to Mr Palmer for building an amazing mud kitchen for the children to play with in the sensory garden. The children are thoroughly enjoying making mud pies and leaf soup!

**Caythorpe Primary School nominated for Active Primary School of the Year**

Caythorpe Primary School are thrilled to announce they have been shortlisted for Active Lincolnshire’s Active Primary School of the Year Award. Active Lincolnshire are one of 43 Active Partnerships across England that are working to make physical activity and sport a part of everyone’s life, regardless of age or background. Their mission is to make a positive difference through physical activity to the health & wellbeing of our community.

The excitement at Caythorpe is palpable with a film company videoing their PE and Active Maths sessions for a short film that will be shown at the awards ceremony. Staff and pupils were interviewed for the video with comments such as the following from the pupils: *“The teachers are really encouraging and give everyone lots of opportunities. All the opportunities are evened out between everyone and if you’re not that sporty there will always be something you can enjoy.”*

Caythorpe Primary School recently became one of just a select handful of schools in the entire county to achieve their School Games Platinum Award after more than seven years of hard work with PE and school sport. Supported by Carres Grammar School’s Outreach provision, including Ricky Pledger who coached various sports part-time at Caythorpe, the school were able to successfully apply for their School Games Mark after inclusive Health Checks and the introduction of an Activity Planner.

The Lincolnshire School Games mantra has been ‘More Children, More Active, More of the Time’ and an Activity Planner has allowed staff at Caythorpe to analyse how active children are during lessons and as a school look for action points to make sessions more active and less sedentary. This included the introduction of Active Maths with Ricky, as the school looked to make more areas of the curriculum active with research proving the academic benefits as well. Fully inclusive activities have ensured that 100% of Key Stage 2 children have been involved in at least one sporting event last academic year, whilst the school have also provided 15 different after school clubs.

Wish us luck with our nomination!
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What’s Coming Up?

Caythorpe Friends of School Association

Coffee Morning on Friday 1st November from 9am
At Caythorpe Primary School

Carlton Scroop and Normanton On Cliffe Social Club
(At the Social Club, Newark Lane, Carlton Scroop)

Saturday 9th November at 8pm (Doors Open 7.30pm)
£1 per game - Bar & Raffle

For further information call: Janet: 01400 251032 or Susie: 07964 298451
THE CAYTHORPE DASH

10K

The Friendly Place to Run in the Countryside

Sunday 17th November 2019

Race starts at 11am, Pavillion opens at 9:30am

The Hammond Pavillion, Caythorpe Playing Field,
Old Lincoln Road, Caythorpe, Lincs NG32 3DF

There are full changing facilities in the Hammond Pavilion, free parking and light refreshments after the race.
We aim to provide a friendly, pleasant run and event, welcoming all.
The race will use Race/Result chipped timing giving true start to finish timings.

https://caythorpedash.wixsite.com/signup  £15 in advance or £20 on the day
What’s Coming Up?

Cobblers Rise Charity Coffee Morning
In aid of The Salvation Army
10:30 – 12:00 on Friday 8th November

Our Last Coffee Morning raised £60 for Missions For Seamen

Many thanks to all who support these worthy causes. Please support us and enjoy a good cup of coffee at the same time!

Ann Russell 01400 273090

Short Mat Bowls Club Welcomes New Members

Tuesdays 2:00pm- 4:00pm at Caythorpe & Frieston Village Hall
For more information please contact Robin on 01400 272294

CARLTON-LE-MOORLAND AND DISTRICT ART GROUP

We are pleased to say that we are back at the new village hall in Carlton-le-Moorland.

We are a friendly and informal group who meet on Thursday mornings between 10:00am and 1:00pm

Regular demonstrations and workshops are held throughout the year.
What’s Coming Up?

The Jungle Book

Caythorpe & Frieston Village Hall Presents...

Sunday 15th December 2019
Doors open at 2pm for a 2:30pm start
Tickets £5 each which includes refreshments for the children
Tea/Coffee etc will be on sale!

Tickets can be purchased by calling 01400 272611, at the Village Hall on Sunday 24th November (9:00 to midday) or at the Red Lion
What’s Coming Up?

CAYTHORPE & FRIESTON VILLAGE HALL

CHRISTMAS CRAFT FAYRE 24TH NOVEMBER 2019
9:00AM - 12:00PM - FREE ENTRY

To book a sale table for £5 please contact
Benita on 01400 318453

CAYTHORPE VILLAGE HALL

Village Breakfast & Christmas Craft

Sunday 24th November

Breakfast 9am to 11am
(Last orders for breakfasts 11am)

To book a Christmas Sale Table
contact Benita on 01400 318453
What’s Coming Up?

Hosted by The Playing Field Committee at

Caythorpe & Frieston Social Club on

Friday 13th December at 7:00pm for 7:30pm start

Finish your christmas shopping...because...well who doesn’t

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The Society of Friends (Quakers)

hold a Meeting for Worship every Sunday 10.30 – 11.30 a.m.
at the Friends’ Meeting House, Meeting House Lane, Brant Broughton

All welcome! For more information please phone

Wendy Gwatkin on 01400 273541
What’s Coming Up?

Ode to an Artist

I didn’t know if I could draw or even paint a picture. So off I went with my artist friend to an art class, nervous with her.

I started off with borrowed paints and a jar of clear tap water. And with some help and no complaints she showed me how her teacher once had taught her.

A few hours later I stepped back to get a better view of the object set in front of me. And suddenly I thought, phew!

My picture so looked like the flowers in the jar. I couldn’t wait to get it home to show that I had come so far.

Week by week I practiced to try and to get better. And now today as you can see I can show my art, signed Heather.

From something that I didn’t know I had until I had a go. Perhaps deep down inside of you there resides a bit of Titian or a Michaelangelo.

Michael Kent 2019

If this poem awakens your interest in painting, the Leadenham Art Group would be pleased to hear from you. We meet on Mondays, 10:30am to 3:00pm in Leadenham Village Hall. Just come along and see what we have to offer, or call Jackie (01400 272944) or Jean (01400 275052) for a chat.

Dear Editor,

I am the Honorary Village Organiser of the Royal British Legion Annual Poppy Appeal a British Charity providing financial, social and emotional support to members and veterans of the British Armed Forces, their families and dependants.

The annual Caythorpe and Frieston house to house Poppy Appeal collection will take place between the 2nd and 9th of November. I ask if you could give consideration to supporting this worthy cause.

I would like to express appreciation to the Village voluntary collectors for their efforts on behalf of the British Legion this year.

Yours Sincerely Jacquie Roberts.
What’s Coming Up?

REMEMBRANCE SERVICE AT ST VINCENTS, CAYTHORPE

10th NOVEMBER 2019

There will be a Parade of Village Organisations and anyone who would like to join in from the Waggon and Horses Car Park at 10am prompt up the High Street to St Vincents Church where there will be a Remembrance Service.

The congregation will then move to the War Memorial outside for The Act of Remembrance of 2 minutes silence at 11am, the reading of names of the fallen in War concluded by the laying of wreathes.

All are welcome to attend there will be a loud speaker so you can hear what is being said. For logistical reasons the Parish Council are not closing the road off this year.

Handel’s Messiah

Newark Choral Society

On Saturday 7th December the Newark Choral Society, under the leadership their Musical Director Roger Bryan, will perform one of the best loved and popular choral works of all times: Handel’s Messiah. Accompanied by the Trent Chamber Academy Orchestra, with continuo by Rod Varty, and featuring soloists Hannah Long (Soprano), Rachael Cox (Contralto), Simon Lumby (Tenor) and Matthew Jordan (Bass), this promises to be a wonderful evening.

The performance commences at 7:30pm at Barnbygate Methodist Church, Newark, NG24 1PX on Saturday 7th December. Tickets are available in advance priced at £12 from RST Music Services, Cartergate, Newark, or from Liz Moses on 07906096675. Tickets on the door will cost £14. Put the date in your diary and come along to listen to some of the popular and enduring music of all time!
What’s Coming Up?

Wellingore Memorial Hall
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**Annual Christmas Craft Fair**

Sunday 17\textsuperscript{th} November 2019
10:00am - 3:30pm

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**ADVERTISING IN NEWS & VIEWS WORKS!**
What a difference a door makes, Safe, sound and warm behind classical timber doors. With the Autumn upon us and winter to close in now is the time to think about changing your doors.

By Roy Wakeman OBE Chairman of The New Window Company

The oldest doors in the world were made of timber and still there and working. You can see on many of our finest heritage buildings be they churches, colleges or other fine institutional facilities how magnificent the doors look because in the main our heritage is protected and now in public ownership or private trust and are kept up to date with good regular maintenance. This is a far cry from the cheap doors brought in from the far east to fund an explosion in private house ownership in the 1960’s through to the very recent times. This prompted at the time an Industry funded promotional campaign aimed at the consumer to sell timber doors made in the UK named “What a difference a Door makes”. Timber entrance door production in the UK increased because of this and peaked at volumes close to 3 million units and manufacturers values of £400m by 1986. Since then however we have had the explosion of the plastic revolution and consumer sales campaigns selling the double-glazed value in Fenestration along with very low-priced door options with classic look alike vac formed flat panels. Change is almost always guaranteed and we have seen the rise of composite door constructions where modern materials have been used to make up the door core which has been covered in faces made up of thermal plastic, GRP and or wood fibre-based boards. These products have performed and have made huge inroads into the entrance door market and now probably account for more than half of the UK demand. Security has been provided by the strength of the door core and the combination and use of decent ironmongery with espagnolette systems that can lock all three leading edges using shoot bolts or hooks with a central controlling arm handle. Current market research suggests that the major driving force for consumers when purchasing new doors and windows is security and energy conservation, but also adding beauty and real value to the house. It is little wonder then that the Timber Door complete with all the appropriate ironmongery and factory assembled and finished is now leading the way again to dominate the choice for new door designs and mechanics that more than satisfy today’s demanding new standards. Timber is the most versatile of all materials and can be easily finished with modern waterborne paints or stains from a huge range of colours and wood stains. These modern finishes now come with lifetime warranties for the complete door set with maintenance a very minimum and the paint itself expected to last for up to 8 years before new decoration needed.

Products made by timberwindows.com and installed by The New Window Company at Frieston Heath Caythorpe near Grantham all meet the very high standards demanded today. Composite door cores using urea/phenolic forms are not exactly the best products to satisfy today’s demanding consumer who knows all about active carcinogens and the toxicity of chemically based products. For complete piece of mind, it is far better to use a sustainable and self-replacing material like timber to make sure that our children’s children can grow up in a safe, sound and warm environment behind modern timber windows and doors. Modern timber engineering techniques and water borne friendly finishing treatments do make timber the material with the greenest credentials.
Day 1: At 8:00 on 20\textsuperscript{th} July a bus full of 20 teenagers left Sleaford heading for London Heathrow. We arrived at Heathrow at 11:00 not knowing what we were in for. Finally, after 18 months of hard work, our plane taxied to runway 27R. The plane lurched forward and began rapidly gaining speed. At 14:47 we had left the ground and were off to Dubai. At 22:00 we landed in Dubai and caught our flight to Kathmandu.

Day 2: At 03:41 BST we landed at Kathmandu Airport. We quickly discovered that missing the chance to sleep on the plane was not a good idea, in Nepali time it was 8:30 and we were about to set off for a day of activity...

After making our way through the airport we met our guide, Gotan, who would accompany us for most of our trip around Nepal. From the airport we went to visit the house of the Kumari. The Kumari is a young girl believed to be the living embodiment of the goddess Taleju. From there we then also walked to see the former palace of the monarchy and the effect the earthquake had on it. Many of the walls had massive gaps in them large enough for a person to walk through and were being held up by large wooden scaffolding (See photo on left). Finally, we checked into our Hotel, the Hotel Utse. It wasn’t the nicest place I had ever stayed in but after we left, I wished I had appreciated it more!

Day 3: On the third day we visited the Boudhanath stupa, which is also known as the stupa of a million dew drops after Tibetan belief that it was built without water by a woman, Ma-jha-zi-ma, after she was told she was not allowed to continue the construction of it with water and so found another way around this.
While we were there, we also visited a Buddhist monastery that was nearby and got to witness a Buddhist ritual take place.

**Day 4:** On our final day in Kathmandu we visited the British embassy and received a talk from the Department For International Development (DFID). We had a talk about the development of Nepal and how the UK government was aiding them as well as a talk about the International Citizenship Service (ICS) in which volunteers go out to 1 of 8 of the worlds least developed countries and spend a few months within a few communities helping improve their sanitation and infrastructure. After leaving the embassy we got on a bus and visited the ICIMOD development park which has numerous examples of how very basic systems can be implemented into rural areas for a very low cost. Many of the systems they had required little to no energy. However, they struggle getting their technology out to a lot of people as they are a very small team of people and there are hundreds of thousands of villages scattered across Nepal.

**Day 5:** Early in the morning of the 25th we set off on a 200km bus journey from Kathmandu to The Tashiling Tibetan Refugee Camp in Pokhara. The trip took a total of just over 8 hours on what can only described as dirt trails for the most part. The rain made the whole trip worse as many trucks were stuck in the mud and blocking roads, we also saw a bus that was on its side after it came off the road due to the mud. In comparison to these roads the potholes of Lincolnshire are nothing!

**Day 6:** On the 6th day we visited the Headquarters of the Gurkha Welfare Trust, we had a talk from the one of the British soldiers about how they check up on all the known Gurkhas in Nepal and their families by sending soldiers to them rather than having them walk all the way down to one of the centres. The Gurkhas also have the option to stay in one of the many homes around Nepal. However, a lot of the people in these care homes are the Gurkhas widows who are unable to support themselves. We also got an in depth talk about the projects that they also carry out. Not only do they look after the old Gurkhas they also put in many water and sanitary systems while teaching the people about good hygiene.

In the Afternoon we visited one of the Gurkha Welfare Centres and we had a tour of the centre before playing some games with them such as Bagh-Chal otherwise known as Tigers and Goats. The people there were truly remarkable, some of them were over 100 which was extraordinary in Nepal especially considering the fact they had lived in some of the remotest areas of Nepal with very poor hygiene and sanitation.
Day 7: This was the first day of the water project at Shree Sukra Raj Secondary school. However, things didn’t start swimmingly as the two minibuses we had been travelling in couldn’t make it up the hill to the school and so our first day started with a half hour trek up a hill in 30°C carrying all the tools. At the school, we were digging a hole to house the tank where the clean water would be stored. When we arrived, the area was a mass of vegetation, we had to clear the whole area before we could even start digging. While we were at the school, we all got the chance to sit in on a few lessons. I got the opportunity to sit in on an economics class and a maths class. The people in the class were a similar age to me and it was interesting to see that, in maths at least, they were learning a somewhat similar syllabus to the GCSE.

After seeing the school, I went to continue help with the hole we needed dig. We worked for about 5 hours total on the first day and got about 3ft deep from the highest side of the slope we were digging on.
ATTENTION ALL DOG WALKERS

Most dog walkers are responsible and clear up after their pets, for which we are all grateful. This plea is to the few who consistently don’t.

The clocks have gone forward and in a few weeks school children will be walking home at dusk. Kids don’t look where they are going half the time anyway, and with dark evenings as well, if dog poo is on the footpath they are going to step in it.

Please do your bit for your village: bag it and bin it.

It costs time, effort and YOUR money from the Parish Precept to deal with this nuisance, for which there is no excuse. Bagged poo can go in any litter bin, not just those provided specially for the purpose, and there are plenty of them around the village. Dog fouling is an offence, but perhaps more importantly it is inconsiderate and a health hazard. For the sake of footwear and carpets everywhere, please, please clear up after your dog.

Cllr Jean Allen, Caythorpe and Frieston PC

Bag it and Bin it….if they could they would because dogs are brilliant!

Be as brilliant as your dog thinks you are!

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In & Around The Garden

Now it is mid October the leaves are starting to colour nicely on the trees both in the countryside and in the garden. Most are yellow, orange or russet: the only native species I know of that is red is the spindle, usually a large shrub, so a tree with red leaves is likely to be a foreigner. Maple, liquid-amber and sumac are the most vivid scarlet and a lovely addition to the autumn palette.

Autumn also means the start of leaf collection, so I have emptied out a leaf bin in readiness. It is hard work, but worth it for the leaf mould, which I use as a soil improver when planting or as a mulch for the ferns, mimicking their woodland home. Although we have relatively low rainfall most of the time (though not over the last few weeks) a lot of ferns do very well provided they have shade. I have a collection of 30 different varieties that don’t require permanently moist conditions, many of them native species. I think ferns are like snowdrops – once you get hooked, one variety is never enough - but ferns are more varied and give interest over a much longer period. Sorry, Galanthophiles. Not all ferns look ‘ferny’: the hart’s tongue has simple strappy leaves, the holly fern lives up to its name, the tatting fern has little fans along its length and the native maidenhair is delicately pretty and tougher than it looks. Most elegant of all, to my mind, is *Athyrium otophorum* ‘Okanum’, a relative of the better known Japanese painted fern, with pale green leaves and maroon stems that would add interest to any shady spot.

In the flower beds, Michaelmas daisies are now in full bloom. Most are shades of purple, but I also have a red double flowered one, Royal Ruby, that is starting make an impact now I have found a place where it is happy. This year *Aster x frikartii* ‘Monch’ has really surpassed itself. It started flowering early in August and still has plenty of flowers. *Verbena bonariensis* is also still going strong, and both plants are a welcome source of nectar for late butterflies such as comma and small tortoiseshell, which hibernate as adults. Red admirals and painted ladies also appreciate a top-up before they migrate south for the winter.

With all the concern about the loss of wildlife, gardeners are often urged to install a pond. What no one ever says is that they need regular care, just like a flower bed, and that usually involves getting cold, wet, smelly and stained with pond sludge. I learned the hard way that water plants are not readily compostable. Evolved for dim, damp conditions they don’t rot down easily, and the first lot I tried to looked ready to replant after a year buried in kitchen scraps and prunings. This year they went in the green bin for commercial hot composting. That should deal with them.
Doug Stewart, our October speaker, began his talk, ‘Containers’, by describing the horticultural industry in the UK and its economic importance. With millions of British grown plants sold every year and a third of foreign tourists visiting gardens, horticulture is thriving, but the biggest growth area is in container plants.

Many gardeners use containers grouped together around a door or on a patio, but for many people without a garden of their own, container gardening offers the chance to grow both ornamental or edible plants and get in touch with nature. Doug showed that anything with a drainage hole that will hold compost can be used for plants. A drilled out wine cork can hold a tiny succulent, wellies and other footwear can be pressed into service, and he showed a colander used as a hanging basket – with excellent drainage! His preference is for terracotta pots and muted colours which do not compete with the plants, but it is just a matter of personal taste.

Doug gave a long list of vegetables that can be successfully grown in containers, including potatoes, carrots, salad leaves and less hardy crops such as peppers, tomatoes and cucumbers that would normally need a greenhouse. These can be planted in a general purpose compost, but longer lived trees, shrubs and perennials need a soil-based John Innes type compost that won’t break down. Potted plants need a little more TLC than those in the ground, but without the limitations imposed by soil type the opportunities are endless.

Our November meeting will be on Tuesday 12th, 7:30pm for 7:45pm at Carlton Scroop Village Hall. Don Whitton will be giving a talk on ‘Late herbaceous perennials’. Visitors welcome (£3), just come along.
This year's bonfire night celebrations run by the Social Club and Playing Field are to be held on the Playing Field on the 2nd November. They pay for all of the fireworks upfront for your enjoyment and then just simply ask for a donation as you come through the gate to try and recoup the money, sometimes they end up with a profit another time they end up with a loss. It's always weather dependent and also dependent on the amount of money that goes into the donations bucket, so again I hope you enjoy the evening and please give generously.

Councillor John Carpenter will be placing, on the Facebook page and, on our website a consultation document about the 'Parish Plan' versus a 'Neighbourhood Plan'. Which is a new initiative from the government to replace the Parish Plan, however, this is quite costly, but there is funding available from SKDC. It does require local residents to participate in the formation of the Neighbourhood Plan, so we are trying to gauge from yourselves the amount of interest and support there will be in creating such a neighbourhood plan. It does give us a greater say in how our community is managed, so over to you!!!

All planning issues for Caythorpe and Frieston are sent to CFPC by SKDC and are placed on our website and the Facebook page so that Parishioners can, if they wish to, see the planning applications and make comment. It should be noted that the Parish Council is a statutory Consultee for any planning application, however if people have strong views about the planning application either for or against, it’s important that they register their own letter of support or objection for the planning application with the appropriate authority which normally is SKDC, sometimes LCC. The application will inform you where to send your communication. Because the Parish Council’s response is only classed as ONE response and therefore the more responses that the planning authority receive the more they look into that planning application either to support or reject the applications.

With reference to Highways, there are no new real issues, Councillor Peter Sandy is dealing with all the ongoing issues of highways.

Parish Councillors

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<td>Mike Budden</td>
<td>07711 618269</td>
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<tr>
<td>Neil Fritzsche</td>
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<td>Andy Roberts</td>
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<td>Jonathan Betts</td>
<td>07818 588546</td>
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<td>Allan Graham</td>
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<td>Pete Sandy</td>
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<td>Andy Crawley</td>
<td>01400 318453</td>
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<td>Colette Linforth</td>
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The burial-ground, we have discovered, requires some maintenance regarding the gates and gateposts, so if you see that that gate is missing, that is because we are in the process of carrying out repairs and it will be replaced as soon as possible.

The Parish Council approved the proposals in an early consultation for the High Street parking restrictions at its last meeting, however, there has been a couple of written objections to Lincolnshire County Council from members of the public who attended the meeting. As a result the decision on the way forward for the High Street parking will be taken by the Lincolnshire County Council Planning Committee. Once they have made a decision this will then go out to public consultation to those affected by the proposed parking restrictions, so you still have a chance to have our say.

Another planning issue is being dealt with by SKDC and that’s for change of use for a house on Frieston Heath Lane, this application will go before the SKDC Planning Committee for a decision by them. Members of the public have been asked if they would like to speak and this has been published on our website and Facebook accounts.

The next CFPC meeting is due on November 13th at 7:30pm in the Village Hall and I hope that as many as possible of you are able to attend to see how we conduct business in managing the community on your behalf.

Neil Fritzsche, Caythorpe & Frieston Parish Council Chairman
‘Up, up, up and away!’

Thanks to a very generous, albeit anonymous, parishioner we were given the gift of two tickets to take an early morning Virgin Balloon ride but in the event the flight we had booked from Belton Woods was cancelled due to the weather and in the end we re-booked to fly from Grimsthorpe Castle which at the last minute was diverted to fly from Stoke Rochford Hall which suited us very well although it was still a 5:00am alarm call for a 7:00am meet.

The passengers – all 16 of us – were given tasks helping to unload the basket and roll out the balloon and hold it as it was inflated first with cold air and then with hot air from the burners at which point we all jumped aboard.

The flight in miles did not take us far and had in any event to be in the direction the wind was blowing: around here the prevailing wind is from the south west and we duly flew in a straight line north east passing first over Stoke Rochford Hall and then you can see the view we had looking down on the meandering stream of the infant River Witham.

We flew on and you can see the straight line of the Roman Road – Ermine Street – crossed by the east coast main line and the final picture shows the village of Old Somerby [from a distance] where the rector’s wife grew up and where in the churchyard her parents are buried and over which we flew at 3,000 feet. We steered clear of Barkston Heath and started to descend as we approached the village of Ropsley and came down in a farmer’s field near to Braceby: the accompanying Land Rover driver has to find out whose field it is and ‘settle up’ with the farmer [ideally with a bottle of wine] while the crew had to deflate the balloon, roll it up and stuff it back into its carrier.
We had a lift back to the road in the Land Rover [while the other 14 clung to the basket on the trailer] where taxis met us to drive us the short distance back to Stoke Rochford where the event concluded with a glass of champagne and a commemorative certificate. We didn’t even come down to earth with a bump – the landing was incredibly gentle and the basket stayed perfectly upright although there are stories of how it can drag across the field – with its passengers onboard if the winds are not behaving.

With thanks to our benefactor.

Every good wish, Stuart Hadley [Rector of the South Cliff Benefice]
Jim Bonnor, an archaeologist consultant now living in Fulbeck, gave a very informative, fascinating and detailed talk with over 50 slides and a short video on the evolution of air photography in the interpretation of our ancient landscape. This is the first part of his talk. The first aerial photographs were taken in 1906 of Stonehenge by the Royal Balloon Section, later to become the Royal Air Force. Techniques for aerial archaeology were developed further in WW1, WW2 and after by O.G.S Crawford helped by Alexander Keiller. Their work was published in 1928, entitled ‘Wessex from the Air’. The work was taken on by John St. Josephs who established the Cambridge University Aerial Photographic Collection. In 1965 the Royal Commission for Historic Monuments of England established a photographic unit which has since been taken over by Historic England. They have now established NCAP – the National Collection of Aerial Photography which has a database of millions of aerial photographs.

Two types of photographs were taken: vertical, which was mostly used during the war taken by flying up and down to produce a map-like area of the ground below, and oblique (side angled), taken for a specific purpose including archaeology and geology. A slide of Wragby in Lincolnshire showed outlines of moats surrounded by the medieval village buildings. Earthworks are the most common feature shown in these types of photograph. Slides of ground in Fulbeck, North of the Hall and surrounding area clearly show ‘ridge and furrow’ archaeology and the development of the medieval village. Another of Brauncewell medieval village outlined the layout of houses, other buildings and trackways. Two further slides showed the importance of sun and light conditions when taking photographs. In bright light conditions an area could show many ancient features, but is virtually blank if in shadow. Other types of mark shown of photographs are ‘soilmarks’; Heath land has drainage patterns through the limestone and on the marshlands dark lines with lighter sides are ancient dendritic (root-like) drainage channels with silted sides. Medieval saltpans and small quarries are also revealed in this way. Jim thought the most exciting type are ‘cropmarks’, from which ancient burial mounds and ditches are interpreted from aerial photography. These marks are produced when areas of a growing crop appear to have different colour due to disturbed ground below and can be exaggerated in very dry weather. Recent hot years like that of 1976 led to many new features being identified and now satellite imaging provides much more information over time for specific areas.

However, identifying the interesting items on an aerial photograph is only part of story, for example; the ancient triple ditch system shown in the centre of the picture is typical of many such areas, but the purpose of them is unknown!

Next month we shall report on the second part of Jim’s talk about a newer technique of aerial surveying, LIDAR, using pulses of light.
Forthcoming events 2019 – 2020

*Please note there will be no meeting in December

Friday, 29th November – Archaeology of Sleaford – Dale Trimble
Friday, 31st January – The History of Lincoln Castle – Nigel Burn
Friday, 28th February – History of Gardening – Alan Mason
Friday, 27th March – Research of the website/ local information
Friday, 24th April – Preserving the county’s archaeological heritage. Past, present and future - Ian George, Historic Places Manager

There will also be a presentation by Bill Tebb illustrated with his extensive collection of photos. Date to be arranged.

Visitors are welcome at most meetings, when we have guest speakers. Our Annual Subscription fee is £20.00 per annum with all meetings free to members. A charge of £3.00 each meeting is made for visitors. We meet at 7:30pm the last Friday of the month at Fulbeck Village Hall, unless otherwise stated. Tea, coffee and biscuits included.

Did you know, NEWS & VIEWS can do Leaflet drops to help you advertise too? We can place your leaflet / flyer in our magazine to be delivered to around 1000 homes and businesses in the local area and all for just £35! Contact us at editorsnewsandviews@gmail.com

Caythorpe Pre-school

Do you have a child age 2 years and over? We would love to hear from you. Come and have a look around our lovely Pre-School. No appointment necessary.

Our opening times are as follows:
Monday-Thursday  9:00am to 3:00pm and Friday  9:00am to 12:00pm

We provide funded places for 2 year old children if eligible and Universal Funding for 3 and 4 year old children for up to 30 hours per week. We can also help with information on Tax free childcare. Too busy to make Packed Lunch? For a small charge we can provide a hot meal daily via The Farm Kitchen, served at Caythorpe Primary School, a brilliant way to support a smooth transition to "Big school".

Do you need wrap around care? We have a member of staff who is a long established and experienced child minder who can offer before and after Pre-School care. Please feel free to contact us at caythorpepreschool@googlemail.com anytime or give us a ring on 01400 272036 during term time. We look forward to hearing from you!!
Despite the interminable rain throughout October, we managed to arrive at the warm and cosy meeting with hair still dry and no need to juggle an umbrella with our competition and flower of the month entries. It was a full house this month with us all eager to hear our speaker Carl Denton and his fascinating talk on Forensic Medicine.

But, before that President Pauline Dorey welcomed us all and Carol Brown, who has now become a member, and guest Moria Weller who joined us for the first time. We all look forward to seeing her again, hopefully as a new member too. Birthday cards were given out to those whose birthdays occur before our next meeting, two special ones were for Jass Wells who celebrated her 80th on 13th October and Daphne Page who celebrates her 90th on 6th November. Daphne has been a member for a great number of years and is still very active, walking around Leadenham, where she lives, most days. Along with her card she was presented with a pot plant from us all as she is especially ‘green fingered’ and we know it will thrive under her care.

We are booked in to the Waggon and Horses for our Christmas lunch on 12th December and this will need to be paid for at our next meeting. Other events on the horizon for 2020 include a visit to the open air theatre at Tolethorpe Hall when we will be seeing “The Importance of Being Earnest” on 7th July. A coach is being organised and partners are also invited to make up numbers, we need to get booked in as soon as possible as these performances get sold out very quickly.

Following on from our response for the Gala, the Playing Fields committee have asked us if we would again provide cakes this time for the Caythorpe Dash on Sunday 17th November.

Business completed we were then introduced to Carl Denton from Sleaford who explained to us that ‘Forensics’ is divided into three specific categories; Forensic Pathology, Forensic Science and Forensic Medicine. He works in the latter where the application of medical knowledge feeds into Law, previously the Police used the local GP but it is much more specialised now. Carl had previously worked for 30 years in the ambulance service but retrained to become a Forensic Healthcare Professional, he covers the Police custody suites at Grantham, Boston, Skegness and Lincoln.
He works in collaboration with the Police and Crime Scene Investigators with, for example, drug/drink driving, rapes etc. He also has to ensure that a person is fit to be detained and/or interviewed and given any medication deemed necessary. The person could perhaps be a diabetic or epileptic and not just ill as a result of drink or drugs.

In the event of rape, the victim is taken to Lincoln where there is a sterile environment where detailed forensic samples are taken from every part of the body and any marks, defensive or otherwise are recorded on a “body map” where they are measured and described as well as forensically photographed. A Police officer is present at every event and everything is recorded twice, once by him and again by the police officer. Carl gets called out to sudden deaths where he can pronounce the person dead and release the body but if he suspects murder may be the cause, the home office pathologists attend and examine the scene with the body still in situ. He also has to write a report for the court. We were shown the swabs he uses for taking DNA samples, the body maps and a book of actual cases with graphic photos was available to look at, I chose not to as I felt it would almost be voyeuristic; my imagination was sufficient.

Mavis Coxon gave the vote of thanks for what was a most fascinating and interesting talk.

We next meet on Thursday 14th November in Caythorpe Village Hall at 7:00pm for 7:30pm when we will be having a Spanish Evening with Tapas, Sangria, Spanish music and lots more. The competition is for EIGHT items of your choice, do come along and enjoy a fun evening with us all.

Sue Case
THE WI IS HERE TO INSPIRE YOU
CAYTHORPE & DISTRICT WI

would like to invite you to a complimentary visit to our next meeting at 7:30pm on 14th November 2019 at CAYTHORPE VILLAGE HALL

The WI provides women with fun and friendship, plus the chance to learn new skills, get involved within the community and take part in a wide range of activities.

Email us at paulinedorey@yahoo.com
Phone 01400 272015 or just turn up at this or any future meeting. You’re always welcome and we’d be delighted to see you!

FIND OUT MORE ABOUT OUR WI AT fedoffice@lsfwi.org.uk

www.thewi.org.uk
Our first shout out this week must go to ‘The last Rector of Caythorpe’ Brian Lucas! Brian has decided to step down as a regular contributor to N&V, after some 30 years of writing for us (and our forerunner, Caythorpe News)! Thank you Brian for all your contributions over such a long time, you will be sorely missed! - Pete & Laura

A fun night was had by all on Saturday 12th October at Caythorpe Social Club "Pig Racing Night" to raise funds for Caythorpe Pre-school. The staff and children would like to say the Biggest "Thank-you" to the Social Club for the venue and Caythorpe Football Club, in particular Leigh Dixon and Rob Walters (Wally) who organised the the pig racing (not real ones!) Many thanks got to those who donated raffle prizes including Nick Streeter, Denise Lyon, The Red Lion, Emma and Leigh Dixon, Rob Walters and the Social Club.

Last but not least a huge Thank-you to all who attended and gave generously on the night, your kindness is very much appreciated. A fantastic total amount of £306-00 was raised for Pre-school Funds.

Kind Regards from the Staff, Children and Committee of Caythorpe Pre-school

We have a monkey-puzzle tree about 5 foot tall, in a pot, surplus to requirements. Would anyone like to take it? Telephone Kate on 01400 273062

Thought for the Month

Smile at those whom you pass, you maybe the only person they have seen that day.

The deadline for News & Views is midday 17th of each month If you have any events you wish to advertise or articles, letters, contributions etc, please drop us a line at: editorsnewsandviews@gmail.com

Letters, which are most welcome, are accepted by email only. Please provide your name, address and a contact number. Your name or pseudonym will be published. Your letter may be edited for reasons of content or of space.
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### Holy Trinity Catholic Church - Newark
- 7pm Saturday - Vigil
- 10am & 6pm Sunday Mass

### St Mary The Immaculate Church - Grantham
- 6pm Saturday - Vigil
- 8am & 10am Sunday Mass

### St Vincent's Church Floodlighting
- 2nd October
  - For MARK FOSTER
- 28th October
  - In loving memory of MARK FOSTER
- 6th November
  - JEAN MAWSON
  - In loving memory of my wife
  - on her birthday
  - Love from Mick & Family

### Sides People
- **Sunday 10th November**
  - Mrs Avison & Mrs Hoddell
- **Sunday 24th November**
  - Mr Bavin & Mrs Dorey

### Flowers - November
- Remembrance - Mrs P Dorey & Mrs J Avison

### Remembrance Day Service
- **10:00am**
- St Vincents Church, Caythorpe

### Holy Baptism
- 20/10/19 Harrison Reigh Gadsby Hume
  - [Fulbeck]

### Friends of St Vincent 200 Club
- **November 2019**
  - **1st £15:** Vera Quick
  - **2nd £10:** Judith Beddows
  - **3rd £5:** Joyce Metheringham

Coffee/Tea available afterwards. There is a box into which you may drop your Prayer requests. The church is open daily for prayer and reflection. There are resources on display to guide and strengthen you in your prayer time.

For a modest £1p/m you can have a chance to win a prize of £15, £10 or £5 in the monthly draw and larger prizes at Christmas and Easter. **All proceeds go towards improvements and extra’s for the Church which are outside normal running costs.** To purchase tickets, please contact Mary Siddans (01400 272371). Mary would also be pleased to hear of anyone who could help with the collection of stake money.
Tony’s Quiz Time!
All Answers on Next Page

1. Who was the main architect of London’s St Paul’s Cathedral?
2. Which conspirator told his interrogators “a desperate disease requires a dangerous remedy” shortly after being discovered under the House of Commons?
3. Which fish shares its name with a place where a bird alights or roosts, or a unit of imperial measurement equivalent to five and a half yards?
4. Which athlete is abbreviated as KJT?
5. Who is the host of the television panel game show Would I Lie to You?
6. Of which island is Douglas the capital?
7. Agnes Fleming was the mother of which Charles Dickens title character?
8. Who was the drummer with Cream and Blind Faith, who has died aged 80?
9. With a diameter of 3,270 miles, what is the largest moon in the Solar System?
10. In which country is the Gallipoli peninsula located?
11. Which British Prime Minister was born in Blenheim Palace?
12. Who plays Judy Garland in the new film Judy?
13. In which book of the Bible does Noah’s Ark appear?
14. Which of Elgar’s five Pomp and Circumstance Marches contains the music to the patriotic song Land of Hope and Glory?
15. Who was the wife of Peter III of Russia, who replaced him on the throne after a six-month reign?

Sudoku

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Word Cube

How many words are there containing four or more letters? Each word must contain the central letter. (No Plurals or words ending in ‘S’)

What is the nine letter word?

- Poor - 43
- Average - 48
- Good - 53
- Excellent - 58
Quiz Time Answers

1. Sir Christopher Wren
2. Guy (or Guido) Fawkes
3. Perch
4. Katarina Johnson-Thompson
5. Rob Brydon
6. Isle of Man
7. Oliver Twist
8. Ginger Baker
9. Gannymede
10. Turkey
11. Sir Winston Churchill
12. Renée Zellweger
13. Genesis
14. Number 1 (in D)
15. Catherine the Great (Catherine II)

Word Cube

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The shovel is brilliant, It’s a ground-breaking invention!

Last night I stayed up late playing poker with Tarot cards. I got a full house and four people died.

What do you call a fat psychic? A four-chin teller!

Whose idea was it for the word “lisp” to have an “s” in it?

Please Remember!
Tell our advertisers that you saw them in the NEWS & VIEWS!
Let them know that their advertising works!

Sudoku

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 2 5 9 4 8 7 |
 1 6 9 1 5 3 |
 3 5 4 6 2 7 |
 8 7 6 5 3 2 |
 1 4 3 2 5 9 |
 6 8 9 4 3 7 |
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Answers to Tony’s Quiz Time
USEFUL NUMBERS

Grantham Fire Station 01476 565441
Grantham Hospital 01476565232
Grantham Police Station 01476 402222
Police Non Emergency 101
A607 Street Lights 01522 782070
Call Connect (Rural Bus Serv) 0345 234 3344
Childline 0800 1111
NSPCC Child Protection 0808 800 5000
Citizens Advice 03444 111 444
Crimestoppers 0800 555 111
Electrical Emergencies, Power Cuts 0800 056 8090
Environmental Agency Incident Line 0800 807060
Lincolnshire County Council 01522 552222
South Kesteven District Council 01476 406080
NHS Direct 111
South Cliff Churches (S Hadley) 07398 390549
Samaritans (Free call) 116 123
Caythorpe Primary School 01400 272600
Sir William Robertson School 01400 272422

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WHAT’S ON IN NOVEMBER?

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All Correspondence To: editorsnewsandviews@gmail.com
November Events

Thurs 7 Nov
Band ‘Hunter Musket’
7pm - late!

Fri 15 Nov
Road Show Karaoke
8pm - late!

Thurs 21 Nov
Roll over amount tbc
Quiz Night - 8pm
Start £1 entry, teams up to 8.
Call or pop in to book a table.

Keep an eye on our Facebook page for Christmas events!

THE WAGGON & HORSES

Festive menu

Served from Sunday 1 December to Monday 25 December
Three courses £17.95, or two courses £15.95
Children £9.95 for 2 courses only

Starters
Tomato soup, with garlic and basil drizzle
Prawn and rocket salad
Chicken Liver Pate, Red Onion Marmalade & Toast

Main
Traditional Roast Turkey, Roast Potatoes, Stuffing, Pigs In Blankets and House Gravy
Slow Roast Shoulder of pork, rustic mash and seasoned vegetables
Pan Fried Salmon Fillet with New Potato’s and Smokey Beets
Brioche, mushroom and cranberry wellington with an onion creamy sauce

Dessert
Traditional Christmas pudding with Brandy Sauce
Mincemeat crumble with custard
Chocolate orange Cheesecake and cream

No deposit is required when booking but for parties of 10 or more, credit card details will be required to guarantee the booking, otherwise full amount will be charged. If you cancel within two days of the booked date. The cancellation fee will be for the value of the 2nd person's total, we are unable to accept bookings.

For dietary and allergen information please ask for details.

To book please call 01400 273744

57 High St, Caythorpe, Grantham NG32 3DR Tel: 01400 273744 waggonandhorsescaythorpe.co.uk